

LOYOLA EXTENSION SERVICES(LES)

LOYOLA COLLEGE OF SOCIAL SCIENCES, SREEKARIYAM-695017

Loyo Mithra:

A Centre for Mental Wellness and Psychological Trainings

REBT One-Day Workshop

Order of Inaugural and Closing Functions

Date: 5th June 2024

Venue: Loyola Hall

9:00 AM - Arrival

Inaugural Function

9:30 AM - Opening Welcome

9:35 AM - Prayer Song

9:40 AM - Introducing the Chief Guest

9:45 AM - Talk by Chief Guest: Dr. Ranjit I. George SJ

9:55 AM - Introducing the Resource Person

Closing Program (Starting from 3:30 PM)

3.30 PM Certificate Distribution

3.45PM Thanksgiving

3.50PM Group Photo

Goodbye

Loyola Extension Services,
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Workshop Schedule

9:00 AM - Arrival

9:30 AM - Inaugural Function

10:00 AM - Icebreaker

10:10 AM – 11:15 AM - First Session

11:15 AM – 11:30 AM - Tea Break

11:30 AM – 11:35 AM - Activity

11:35 AM – 12:50 PM - Second Session

12:50 PM – 1:30 PM - Lunch Break

1:30 PM – 1:45 PM - Games

1:45 PM – 3:30 PM - Third and Final Session

3:30 PM – 4:00 PM - Closing Function

All are welcome. We are looking forward to a very meaningful and fun-filled day!

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